

**Oregon Skating Council, Inc.**

4840 SW Western Ave, #70, Beaverton, Oregon 97005



**FOR IMMEDIATE RELEASE**

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## **A DAY WITH NATHAN CHEN & KAREN CHEN**

International and National Figure Skaters Spend Full Day Workshop With Local  
Figure Skaters - Sherwood Ice Arena

### **WORKSHOP TICKETS ON SALE NOW**

[SHERWOOD, OR] A day after the *Stars on Ice presented by Musselman's* tour at the MODA Center in Portland, two-time and reigning World Champion, U.S. Olympic Team Bronze Medalist, and three-time and reigning National Champion Nathan Chen, and US National Champion, Karen Chen will be training with local figure skaters at all levels both on- and off-ice. The one-day workshop will be hosted by Big Dream Skaters Foundation and the Oregon Skating Council on Sunday, May 19th, 2019 at Sherwood Ice Arena.

Tickets for the workshop "A Day With Nathan Chen & Karen Chen" are on sale now and open to skaters at the beginner level and up. Prices for the one-day workshop is \$120 and are available for purchase at <https://www.eventbrite.com/e/a-day-with-an-olympian-2019-featuring-nathan-chen-and-karen-chen-registration-60295751215>. Space is limited to 100 skaters. Coaches are also welcome to the workshop and can find tickets at the above site. Please visit <http://oregonskating.org/a-day-with-olympians-2019/> for the most up to date information.

**Join us for a dream come true with our young, local skaters.**

**Schedule** (subject to change)

- 7:30-7:40A Quick Meet & Greet in lobby.
- 7:40-8:15A Warm Up with Nathan Chen and Karen Chen
- 8:15-8:30A Skates On: 1st (Beginner) and 2nd (Low Intermediate) group
- 8:30-9:00A 1st group: 30 min on-ice with Nathan  
2nd group: 30 min warm up on-ice with Karen
- 9:00-9:30A 2nd group: 30 min on-ice with Nathan  
1st group: ice review with Karen
- ICE CUT Skates On: 3rd (Juv+) and 4th (Novice+) group
- 9:45-10:15A 3rd group: 30 min on-ice with Nathan  
4th group: 30 min warm up on-ice with Karen
- 10:15-10:45A 4th group: 30 min on-ice with Nathan  
3rd group: 30 min warm up on-ice with Karen
- 10:45-11:15A On-ice Photo session: Group photo & Coaches photo
- 11:15A-12:00 Lunch Break
- 12:00-1:00P Off ice training and technique with Nathan and Karen
- 1:05-1:45P Q&A session with Nathan and Karen in Lobby.
- 1:45-2:30P Photo session and autograph (selfie time!) 'Finding The Edge' by Karen Chen available for purchase.

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Nathan Chen is an American figure skater who competes in the men's singles discipline. He is a two-time World champion, the 2018 Winter Olympic bronze medalist in the team event, the 2017 Four Continents champion, a two-time Grand Prix Final champion, and three-time U.S. national champion.

Karen Chen is an American figure skater. She is a two-time CS U.S. Classic bronze medalist, the 2015 CS Golden Spin of Zagreb bronze medalist, and the 2017 U.S. national champion. Earlier in her career, she won four medals on the ISU Junior Grand Prix series, including gold at the 2013 JGP Slovakia.

Oregon Skating Council's (OSC) is a non-profit 501(c)(3) with a mission to promote the sport of figure skating in the state of Oregon. Recognized by United States Figure Skating (USFS) as an Inter-club composed of clubs that are members of USFS. OSC consists of representatives from member clubs within the state, which band together to share expertise and resources for events that benefit figure skaters of all the clubs. <http://oregonskating.org>

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If you would like more information about this one day workshop, please call Grace Sasaki at 310-920-8495 or email [magikal\\_grace@yahoo.com](mailto:magikal_grace@yahoo.com)